






# Fakenham and Wells Community First Responders

| <br><b>Hours Logged</b> | January | February | March | Totals |               |
|--|---------|----------|-------|--------|---------------|
|  | Shifts: | 8        | 18    | 20     | <b>46</b>     |
|  | Hours:  | 32:00    | 74:00 | 98:30  | <b>204:30</b> |

| <br><b>Call Out Mileage</b> | January | February | March | Total Distance |
|--|---------|----------|-------|----------------|
|  |         | 0.0      | 55.4  | 38.2           |

| <br><b>Emergency Responses</b><br><br><b>CFR and Paramedic Arrival Times (minutes)</b> | January              |                                     | February                           |              | February                          |                              | March                              |           | March                       |              |
|--|----------------------|-------------------------------------|------------------------------------|--------------|-----------------------------------|------------------------------|------------------------------------|-----------|-----------------------------|--------------|
|  | Category No Callouts |                                     | Category 2 Cough with Chest Pain   |              | Category 1 COPD with DIB          |                              | Category 3 Faint and Fall to Floor |           | Category 2 Pain, Alzheimers |              |
|  | CFR                  | Paramedic                           | CFR                                | Paramedic    | CFR                               | Paramedic                    | CFR                                | Paramedic | CFR                         | Paramedic    |
|  |                      |                                     | <b>00:14</b>                       | <b>01:28</b> | <b>00:13</b>                      | <b>00:19</b>                 | <b>20</b>                          | <b>NA</b> | <b>00:09</b>                | <b>01:20</b> |
|  | Time:                |                                     | Category 2 Abdominal Pain with DIB |              | Category 2 Breathless, Abdom pain |                              | Category 3 Fall                    |           |                             |              |
|  | CFR                  | Paramedic                           | CFR                                | Paramedic    | CFR                               | Paramedic                    | CFR                                | Paramedic | CFR                         | Paramedic    |
|  |                      | <b>00:15</b>                        | <b>00:43</b>                       | <b>00:10</b> | <b>00:38</b>                      | <b>00:02</b>                 | <b>02:03</b>                       |           |                             |              |
| Time:  |                      | Category 2 Back Pain, Left Arm Pain |                                    |              |                                   | Category 2 Back Pain, Angina |                                    |           |                             |              |
| CFR  | Paramedic            | CFR                                 | Paramedic                          | CFR          | Paramedic                         | CFR                          | Paramedic                          | CFR       | Paramedic                   |              |
|  |                      | <b>00:13</b>                        | <b>00:20</b>                       |              |                                   | <b>00:12</b>                 | <b>00:56</b>                       |           |                             |              |
| Time:  |                      |                                     |                                    |              |                                   |                              |                                    |           |                             |              |

| <br><b>Training Attended</b> | January | February | March  |
|---|---------|----------|--|
|   |         |          | Basic Life Support Re-certification<br>FREC3 Training Course (1 day) |

| <br><b>Ambulance Response Targets</b> | Category 1  | Category 2  | Category 3   | Category 4  |
|--|---|---|--|---|
|  | Immediately life threatening injuries and illnesses. Patients will be responded to in an average (mean) time of seven minutes, and within 15 minutes at least nine out of 10 times (90th percentile). | Emergency. These will be responded to in an average (mean) time of 18 minutes, and within 40 minutes at least nine out of 10 times (90th percentile). | Urgent calls, In some instances patients may be treated in situ or referred to a different care pathway. These types of calls will be responded to at least nine out of 10 times (90th percentile) within 120 minutes. | Less urgent. Patients may be given advice over the phone or referred to another service. These calls will be responded to at least nine out of 10 times (90th percentile) within 180 minutes. |

Volunteering for

**NHS**

East of England  
Ambulance Service  
NHS Trust

